



WORKSAFELY MHCA™



SAFETY TALK

Slips, Trips & Falls on Icy Surfaces

A slip or fall will happen when there is not enough traction between the footwear and the walking surface. Slips on ice often result in serious injury. Injuries to arms, wrists, backs and head are the most common.

HAZARDS

- Footwear that has smooth soles will increase the risk of slipping or falling during the winter season
- Exiting parked vehicles creates a slip hazard during the winter season
- Frequent walking routes such as sidewalks will build up with ice during the winter season creating slip hazards
- Accumulation of snow and ice immediately outside of doorways exposes visitors and workers to slips and falls
- Snow that becomes accumulated on the jobsite will create a ruts and slippery surface hazards

SAFEGUARDS

- Acquire footwear that has thick tread to help avoid slipping
- When you must walk on ice point your feet slightly outward while keeping your centre of balance under you and take small slow steps
- Keep your hands out of your pockets and avoid carrying heavy loads on ice, use your arms to increase your balance
- Use handrails or stable objects whenever possible to balance yourself
- When exiting vehicles use extra caution and use 3 point contact holding onto vehicle door until you have firm footing
- Always look forward to assess slippery ice surfaces ahead
- Avoid horseplay or other distraction while walking on slippery surfaces
- Inspect all frequent travel paths such as sidewalks and spread sand or grit to make walking safer
- Keep all entrances/exits free and clear of snow and accumulated ice



Construction Safety Excellence™

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This Safety Talk is intended to bring awareness to workplace hazards and the measures to take to reduce or eliminate hazards. Print and review this talk with your staff, sign off and post on a bulletin board. File for audit purposes.

Date: _____

Company: _____

Performed By: _____

Location: _____

Name & Number of Safety Talk _____

Employee Name:

Employee Signature:

Concerns:

Corrective Actions:
