

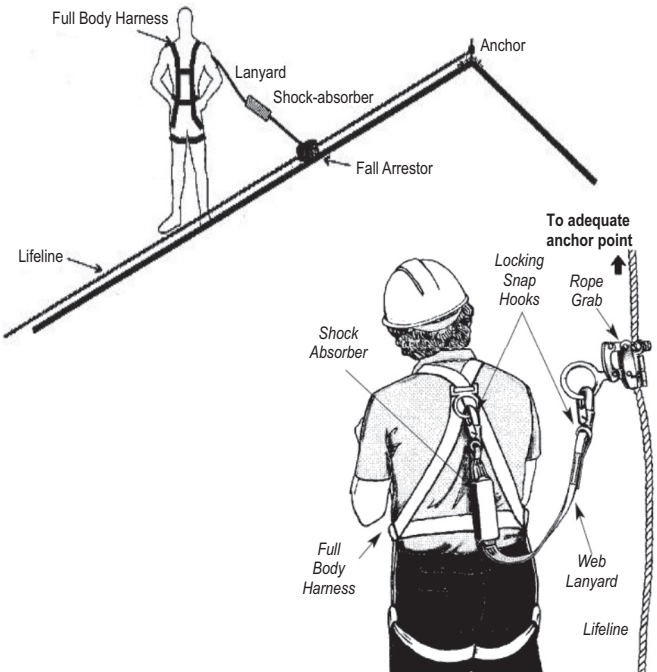


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TIPS

FALL PROTECTION

- Fall protection is required when working at heights of 3 metres (10 feet) or more, or at heights less than 3 metres if working near a dangerous area.
- Workers must be trained and follow SAFE work procedures.



- Full fall protection systems are required on all roof work (guardrails, travel restraint, fall arrest or safety net).

For more information

Visit safemanitoba.com or
Call 204-957-SAFE (7233) or
toll-free 1-855-957-SAFE (7233)



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TIPS

FALL PROTECTION

Remember to:

- Cover surface openings securely and label the cover.
- Fit the full body harness to the worker and ensure it is in good condition.
- Allow one worker per anchor.
- Follow SAFE work procedures when putting up wood trusses.

Never stand or walk on the top plate without fall protection.



◀ *Attach guardrails for next level if required (height 3m/10 ft or greater)*

Make sure surface openings are securely covered and well marked.

