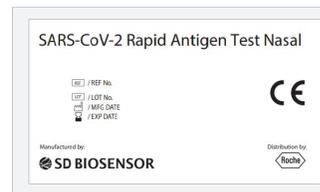# Roche Diagnostics | SD Biosensor Inc.

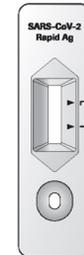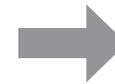# Self-Administered Rapid Testing for Employees
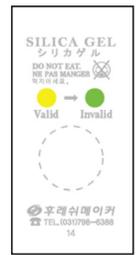## Quick Reference Guide

Kit Preparation

1. Carefully read the Instructions for Use for the SARS-CoV-2 Rapid Antigen Test.

2. Check the expiry date on the back of the foil pouch. Do not use the test if the expiry date has passed.

3. Open the foil pouch and remove the test device and the desiccant package. Use the test immediately after opening the pouch.

4. Ensure that the test device is undamaged and that the desiccant status indicator shows valid (yellow).
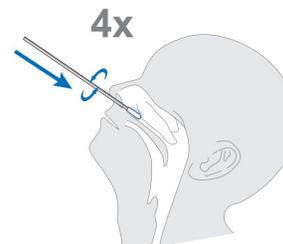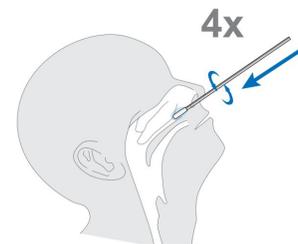

FOIL POUCH

TEST DEVICE

DESICCANT PACKAGE

Collecting and Preparing a Specimen

1. Tilt the head back slightly.

2. Insert sterile swab into the nostril with the most secretion.

3. Insert the swab 2 cms parallel to the palate (not upwards) towards the throat until resistance is met. Do not apply pressure.

4. Rotate the swab four times for about 15 seconds against the nasal wall and remove it from the nostril.

5. Repeat steps 3 and 4 with the same swab in the other nostril. *Note: Use the same swab to collect samples from both nostrils.*

6. Insert the swab into an extraction buffer tube. While squeezing the buffer tube, stir the swab more than 10 times.

7. Remove the swab while squeezing the sides of the tube to extract the liquid from the swab.

8. Press the nozzle cap tightly onto the tube.
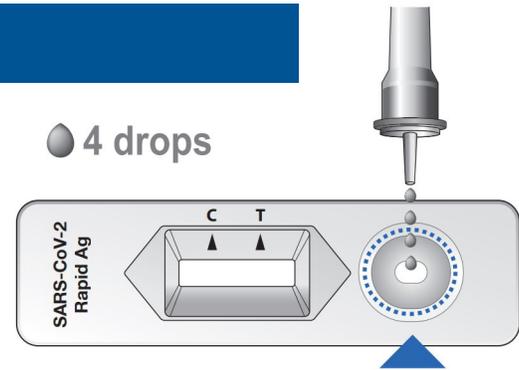

4x LEFT NOSTRIL

4x RIGHT NOSTRIL

>10X

Performing a Test

1. Place the test device on a flat surface and apply 4 drops of extracted sample at a 90° angle to the specimen well of the test device.

2. Read the test result after 15 to 30 minutes. Results may be incorrect after 30 minutes.

4 drops
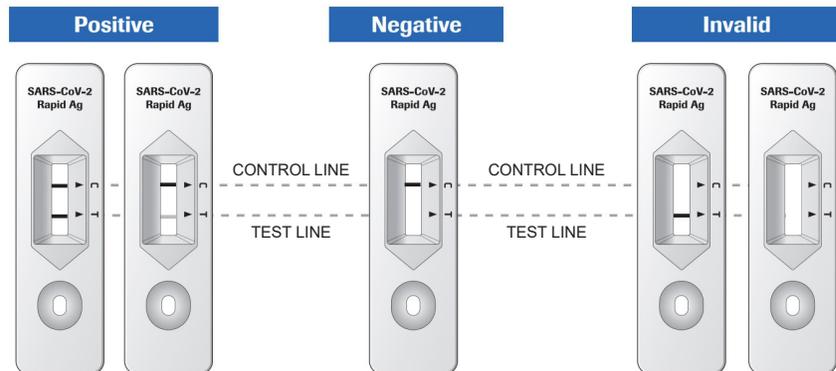
SARS-CoV-2 Rapid Ag

C   T

Interpreting Results

A coloured (control) line should appear in the top section of the result window to show that the test is working properly. Even if the control line is faint, the test should be considered to have been performed properly.

In a positive result, a coloured line will also appear in the lower section of the result window. This is the test line (T). Even if the test line is very faint or not uniform, the test result should be interpreted as positive.

An absent control line or no lines at all indicate an invalid test result. In case of an invalid result, perform quality control and repeat test.

Positive	Negative	Invalid
SARS-CoV-2 Rapid Ag SARS-CoV-2 Rapid Ag	SARS-CoV-2 Rapid Ag	SARS-CoV-2 Rapid Ag SARS-CoV-2 Rapid Ag

CONTROL LINE   CONTROL LINE

TEST LINE   TEST LINE

After Obtaining Your Results

If the first test is **negative**, repeat the test after 24 hours. If the second test is negative, do one more test after another 24 hours.

o If you are already self-isolating (quarantining) because of an exposure (i.e. close contact or travel), a negative test does not change the self-isolation duration.

o If you are isolating because of symptoms but have no known exposure, you can stop self-isolating once you have two negative test resuts and are symptom-free.

If the test is **positive**, continue self-isolating and follow current public health guidelines.