## Abbott Panbio™ Test Kit
### Self-Administered Rapid Testing for Employees
#### COVID-19 “How To” Guide for ASYMPTOMATIC Screening

When preparing your testing station, it is recommended that you have the following on hand:
- Test Kit
- ABHR (alcohol based hand rub) or hand washing station – wash your hands before and after administering the test
- Paper towel and/or wipes. If self-administering the test in the workplace, clean and disinfect any surfaces that may be touched.
- Allow required wet contact time before placing items on surface
- Clock or timer to time the test
- Trash can for disposal – no special disposal bins are required
- Method for reporting results to your employer

### Conducting the Test with the Abbott Panbio

<table>
<thead>
<tr>
<th>Step 1</th>
<th>Step 2</th>
<th>Step 3</th>
<th>Step 4</th>
<th>Step 5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Perform hand hygiene.</td>
<td>Put the buffer fluid in the tube to the marked line (300 µl).</td>
<td>Place it in the tube rack. Perform hand hygiene.</td>
<td>Remove mask/respirator. Perform hand hygiene. Start by blowing your nose or removing any mucous with a tissue or cotton-tipped swab.</td>
<td>Perform hand hygiene. Collect sample with one of the smaller nasal swabs. Insert one swab - the same swab - into each nostril about 2 cm deep. Gently rub and roll the swab 3-4 times then remove slowly.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Step 6</th>
<th>Step 7</th>
<th>Step 8</th>
</tr>
</thead>
<tbody>
<tr>
<td>Swirl the swab stick in the buffer fluid, making sure to push the stick into the side of the tube at least 5 times. Squeeze the tube with your fingers where arrows show. Break the swab as shown and close the cap on the tube. Use caution as to not contaminate the swab stick during process of inserting into tube.</td>
<td>Open the dropper nozzle and add 5 drops of the sample onto the test device. Close cap on the tube and dispose. Disinfect buffer bottle with disinfectant wipes. Perform hand hygiene. Reapply mask/respirator, or apply new mask if the other is soiled, damaged, wet or if you are applying a new respirator. Start a 15 minute timer.</td>
<td>Check results after 15 minutes. Dispose of test device. Perform hand hygiene.</td>
</tr>
</tbody>
</table>

### Instructions after obtaining results:
- If the first test is negative, repeat the test after 24 hours. If the second test is negative, do one more test after another 24 hours.
  - If you are self-isolating (quarantining) because of an exposure (i.e. close contact or travel), a negative test does not change the self-isolation duration.
  - If you are self-isolating because of symptoms but have no known exposure, you can stop self-isolating if you have two negative test results and are symptom-free.
- If the test is positive, continue self-isolating and follow current public health guidelines.

### Two lines = positive result
### One line at the C mark = negative result

A test is invalid if there are no lines at all, or if the red line is at the T and there is no red line at the C. The individual should re-do the test. Individuals who receive a second invalid test result should notify their supervisor immediately and follow their instruction.