Novel Coronavirus Screening Tool for Public Health and Health Links

**Purpose:** this tool is intended to assist with calls from the community about novel coronavirus (COVID-19), specifically to determine if a caller should be investigated for COVID-19.

This screening tool is intended to supplement clinical judgement, not supersede it.

**Disease information:** COVID-19 management protocol and information available at: [https://www.gov.mb.ca/health/publichealth/diseases/coronavirus.html](https://www.gov.mb.ca/health/publichealth/diseases/coronavirus.html)

**Risk Assessment: Initial Screening Questions**

<table>
<thead>
<tr>
<th>Do you have any of the below symptoms?</th>
<th>Yes</th>
<th>No</th>
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</thead>
<tbody>
<tr>
<td>• Fever &gt; 38°C or subjective fever</td>
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<tr>
<td>• Cough</td>
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<td>• Sore Throat</td>
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<td>• Shortness of breath/breathing difficulties</td>
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<td>• Runny nose</td>
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<tr>
<td>• Poor feeding if an infant</td>
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*Note Other symptoms such as muscle aches, fatigue, headache, diarrhea may be present in addition to respiratory symptoms

1. **Have you been in contact in the last 14 days with someone that is confirmed to have COVID-19?**

2. **Have you had laboratory exposure while working directly with specimens known to contain COVID-19?**

3. **If symptomatic: Are you a health care worker or do you work in a health care setting?**

4. **If symptomatic: Do you live or work in a remote and isolated community or a congregate setting, such as a correctional facility, shelter, long term care or residential facility, remote work-camp?**

5. **Have you been in a large group setting in Manitoba in the last 14 days where someone has been confirmed to have COVID-19, such as at a large meeting or event?**

6. **Have you travelled outside of Manitoba in the last 14 days, excluding personal travel to border communities?**

7. **If symptomatic: Do you or the person you are inquiring about have a chronic health condition that you are concerned about?**

8. **Have you had close contact (face-to-face contact within 2 meters/6 feet) with someone who is ill with cough and/or fever that traveled outside of Manitoba within the last 14 days prior to feeling ill?**

9. **Have you had close contact (face-to-face contact within 2 meters/6 feet) with someone who has been tested for COVID-19 and doesn’t know the results of the test yet?**

*Other symptoms such as muscle aches, fatigue, headache, diarrhea may be present in addition to respiratory symptoms, but in order to screen positive as symptomatic, one of fever, cough, sore throat, shortness of breath/breathing difficulties, or runny nose must also be present.

2020-03-26
Advice:

- If symptomatic and yes to 1. Have you been in contact in the last 14 days with someone that is confirmed to have COVID-19?
  - If HCW, refer to occupational health
  - **Requires further medical assessment and testing**
  - **Assess severity of symptoms:** If symptoms are more severe and require health care assessment (e.g. shortness of breath/breathing difficulties). They need to be assessed in their local urgent care centre or Emergency Room.
  - Confirm contact: Do you live with or have had close prolonged contact (over 10 minutes within 2 metres) with a case while they were symptomatic?
  - **Self isolate** for 14 days.
  - When you go for assessment, put on a mask and wash your hands as soon as you see these materials. Then go to the reception desk/triage and let them know you are there for COVID-19 testing.
  - Refer to community testing site, UC, or ED
  - We will be letting Public Health know that you are going for assessment.
  - Cover your cough in your arm, wash hands frequently, throw out used tissues, clean surface areas frequently with disinfectant and stay at least 6 feet, or 2 metres away from others, including other people in your household.
  - For medical appointments, please phone to advise that you are self-isolating in order for them to advise you on how to proceed.
  - Please call us back if you develop any more severe symptoms – fever, cough, cold/flu symptoms – or you have any questions
  - For further COVID-19 information, please visit the Province of Manitoba website.

- Fax Public Health

If symptomatic and yes to 2. Have you had laboratory exposure while working directly with specimens known to contain COVID-19?

  - If HCW, refer to occupational health
  - **Requires further medical assessment and testing**
  - **Assess severity of symptoms:** If symptoms are more severe and require health care assessment (e.g. shortness of breath/breathing difficulties). They need to be assessed in their local urgent care centre or Emergency Room.
  - **Self isolate** for 14 days.
  - When you go for assessment, put on a mask and wash your hands as soon as you see these materials. Then go to the reception desk/triage and let them know you are there for COVID-19 testing.
  - Refer to community testing site, UC, or ED
  - We will be letting Public Health know that you are going for assessment.
  - Cover your cough in your arm, wash hands frequently, throw out used tissues, clean surface areas frequently with disinfectant and stay at least 6 feet, or 2 metres away from others, including other people in your household.
  - For medical appointments, please phone to advise that you are self-isolating in order for them to advise you on how to proceed.
  - Please call us back if you develop any more severe symptoms – fever, cough, cold/flu symptoms – or you have any questions
  - For further COVID-19 information, please visit the Province of Manitoba website.

- Fax Public Health
• If symptomatic and yes to 3. Are you a health care worker or do you work in a health care setting?
  o Refer to occupational health
  o Note Health Care Workers (HCWs) include persons who provide health care to patients in a health care facility or in a patients home, or work in institutions that provide patient care (e.g., includes hospital volunteers, administrative staff, housekeeping and other support staff in health care institutions).
  ▪ Requires further medical assessment and testing
  ▪ Assess severity of symptoms: If symptoms are more severe and require health care assessment (e.g. shortness of breath/breathing difficulties). They need to be assessed in their local urgent care centre or Emergency Room.
  ▪ Self isolate for 14 days. If your results are negative, contact occupational health for guidance on when you can return to work.
  ▪ When you go for assessment, put on a mask and wash your hands as soon as you see these materials. Then go to the reception desk/triage and let them know you are there for COVID-19 testing.
  ▪ Refer to community testing site, UC, or ED
  ▪ Cover your cough in your arm, wash hands frequently, throw out used tissues, clean surface areas frequently with disinfectant and stay at least 6 feet, or 2 metres away from others, including other people in your household.
  ▪ For medical appointments, please phone to advise that you are self-isolating in order for them to advise you on how to proceed.
  ▪ Please call us back if you develop any more severe symptoms – fever, cough, cold/flu symptoms – or you have any questions
  ▪ For further COVID-19 information, please visit the Province of Manitoba website.

Do Not Fax Public Health

• If symptomatic and yes to 4. Do you live or work in a remote and isolated community or a congregate setting, such as a correctional facility, shelter, Long Term Care or residential facility, or remote work-camp?
  ▪ Requires further medical assessment and testing
  ▪ Assess severity of symptoms: If symptoms are more severe and require health care assessment (e.g. shortness of breath/breathing difficulties). They need to be assessed in their local urgent care centre or Emergency Room.
  ▪ Self isolate for 14 days. If your test is negative, you can stop self-isolation 24 hours after your symptoms have resolved.
  ▪ When you go for assessment, put on a mask and wash your hands as soon as you see these materials. Then go to the reception desk/triage and let them know you are there for COVID-19 testing.
  ▪ Refer to community testing site, UC, or ED
  ▪ Cover your cough in your arm, wash hands frequently, throw out used tissues, clean surface areas frequently with disinfectant and stay at least 6 feet, or 2 metres away from others, including other people in your household.
  ▪ For medical appointments, please phone to advise that you are self-isolating in order for them to advise you on how to proceed.
  ▪ Please call us back if you develop any more severe symptoms – fever, cough, cold/flu symptoms – or you have any questions
  ▪ For further COVID-19 information, please visit the Province of Manitoba website.

Do Not Fax Public Health
If symptomatic and yes to 5. Have you been in a large group setting in Manitoba in the last 14 days where someone has been confirmed to have COVID-19, such as at a large meeting or event?

- If HCW, refer to occupational health
  - Confirm setting and notice – how were they notified? May require confirmation from Public Health.
  - **Requires further medical assessment and testing**
  - **Assess severity of symptoms:** If symptoms are more severe and require health care assessment (e.g. shortness of breath/breathing difficulties). They need to be assessed in their local urgent care centre or Emergency Room.
  - Follow the advice of public health to either **self isolate** or **self monitor** for 14 days after symptoms are gone, regardless of test results.
  - When you go for assessment, put on a mask and wash your hands as soon as you see these materials. Then go to the reception desk/triage and let them know you are there for COVID-19 testing.
  - Refer to community testing site, UC, or ED
  - We will be letting Public Health know that you are going for assessment.
  - Cover your cough in your arm, wash hands frequently, throw out used tissues, clean surface areas frequently with disinfectant and stay at least 6 feet, or 2 metres away from others, including other people in your household.
  - For medical appointments, please phone to advise that you are self-isolating in order for them to advise you on how to proceed.
  - Please call us back if you develop any more severe symptoms – fever, cough, cold/flu symptoms – or you have any questions
  - For further COVID-19 information, please visit the Province of Manitoba website.

- **Fax Public Health**

If symptomatic and yes to 6. Have you travelled outside of Manitoba in the last 14 days, excluding personal travel to border communities?

- If HCW, refer to occupational health
  - **Requires further medical assessment and testing**
  - **Assess severity of symptoms:** If symptoms are more severe and require health care assessment (e.g. shortness of breath/breathing difficulties). They need to be assessed in their local urgent care centre or Emergency Room.
  - Confirm travel in last 14 days. This excludes personal travel to border communities, including visits to a cottage. Note that workers who routinely travel inter-provincially for work and those involved in commercial transportation of goods and services are excluded from self-isolation recommendations, but if symptomatic, should be assessed.
  - **Self isolate** for 14 days after returning to Canada.
  - When you go for assessment, put on a mask and wash your hands as soon as you see these materials. Then go to the reception desk/triage and let them know you are there for COVID-19 testing.
  - Refer to community testing site, UC, or ED
  - Cover your cough in your arm, wash hands frequently, throw out used tissues, clean surface areas frequently with disinfectant and stay at least 6 feet, or 2 metres away from others, including other people in your household.

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- For medical appointments, please phone to advise that you are self-isolating in order for them to advise you on how to proceed.
- Please call us back if you develop any more severe symptoms – fever, cough, cold/flu symptoms – or you have any questions
- For further COVID-19 information, please visit the Province of Manitoba website.

DO NOT Fax Public Health

If symptomatic and yes to 7. Do you or the person you are inquiring about have a chronic health condition that you are concerned about?

  - **Assess severity of symptoms**: If caller experiencing shortness of breath or other symptoms outside the screening, needs assessment.
  - **If no other exposures, does not require testing unless symptoms severe.**
  - **Self isolate** while symptomatic.
  - Assess whether their chronic condition may put them at high risk for severe disease from COVID-19 and how to monitor for symptoms that worsen.
  - Cover your cough in your arm, wash hands frequently, throw out used tissues, clean surface areas frequently with disinfectant and stay at least 6 feet, or 2 metres away from others, including other people in your household.
  - For medical appointments, please phone to advise that you are self-isolating in order for them to advise you on how to proceed.
  - Please call us back if you develop any more severe symptoms – high fever, cough, shortness of breath – or you have any questions
  - For further COVID-19 information, please visit the Province of Manitoba website.

DO NOT Fax Public Health

If symptomatic and yes to 8. Have you had close contact (face-to-face contact within 2 meters/6 feet) with someone who is ill with cough and/or fever that traveled outside of Manitoba within the last 14 days prior to feeling ill?

  - If HCW, refer to occupational health
  - **Assess severity of symptoms**: If symptoms are more severe and require health care assessment (e.g. shortness of breath/breathing difficulties). They need to be assessed in their local urgent care centre or Emergency Room.
  - **If no other exposures, does not require assessment/testing unless symptoms severe.**
  - **Isolate at home** until symptoms are completely resolved.
  - If symptoms worsen call Health Links – Info Santé. If you develop shortness of breath, go to your nearest Emergency Room or call 911.
  - When you go for assessment, put on a mask and wash your hands as soon as you see these materials. Then go to the reception desk/triage and let them know you are there for COVID-19 testing.
  - Cover your cough in your arm, wash hands frequently, throw out used tissues, clean surface areas frequently with disinfectant and stay at least 6 feet, or 2 metres away from others, including other people in your household.
  - For medical appointments, please phone to advise that you are self-isolating in order for them to advise you on how to proceed.
  - For further COVID-19 information, please visit the Province of Manitoba website.

DO NOT Fax Public Health
If symptomatic and Yes to 9. Have you had close contact (face-to-face contact within 2 meters/6 feet) with someone who has been tested for COVID-19 and doesn’t know the results of the test yet?

- If HCW, refer to occupational health
  - **Assess severity of symptoms:** If symptoms are more severe and require health care assessment (e.g. shortness of breath/breathing difficulties). They need to be assessed in their local urgent care centre or Emergency Room.
  - **Does not require assessment/testing unless person becomes a confirmed case.**
    - **Isolate at home** until symptoms are completely resolved.
    - If symptoms worsen, or if the person becomes a confirmed case, call Health Links – Info Santé. If you develop shortness of breath, go to your nearest Emergency Room or call 911.
    - When you go for assessment, put on a mask and wash your hands as soon as you see these materials. Then go to the reception desk/triage and let them know you are there for COVID-19 testing.
    - Cover your cough in your arm, wash hands frequently, throw out used tissues, clean surface areas frequently with disinfectant and stay at least 6 feet, or 2 metres away from others, including other people in your household.
    - For medical appointments, please phone to advise that you may have been in contact with a COVID-19 case and are self-isolating in order for them to advise you on how to proceed.
    - For further COVID-19 information, please visit the Province of Manitoba website.

**DO NOT Fax Public Health**

**If symptomatic with no travel or exposure history:**

- Anyone who has symptoms, including a cough, runny nose, fever or sore throat, should self-isolate at home until all symptoms are completely resolved. **Self-isolation** is recommended to lower the chance of spreading the illness to other people.
- Provide reassurance and education on coronavirus and other respiratory illness. Provide general advice for respiratory symptoms including hand-washing and cough etiquette and triage according to standard process if symptoms require triage (Transfer to Health Links – Info Santé).

**DO NOT Fax Public Health**

**Asymptomatic Path:**

If asymptomatic and yes to 1. Have you been in contact in the last 14 days with someone that is confirmed to have COVID-19?

- If HCW, refer to occupational health
- Confirm contact: do you live with or have had close prolonged contact (over 10 minutes within 2 metres) with a case while they were symptomatic.
- **Isolate yourself** for 14 days following this contact and monitor for any signs of cold or flu, such as fever, cough, breathing difficulties, etc.
• Cover your cough in your arm, wash hands frequently, throw out used tissues, clean surface areas frequently with disinfectant and stay at least 6 feet, or 2 metres away from others, including other people in your household.

• We will be letting Public Health know that you have had close contact with a confirmed case.

• If you have a medical appointment, please phone to advise that you are self-isolating in order for them to advise you on how to proceed.

• Please call us back if you develop any symptoms – fever, cough, cold/flu symptoms – or you have any questions.

• For further COVID-19 information, please visit the Province of Manitoba website.

FAX Public Health

If asymptomatic and yes to 2. Have you had laboratory exposure while working directly with specimens known to contain COVID-19?

• If HCW, refer to occupational health

• Isolate yourself for 14 days following this contact and monitor for any signs of cold or flu, such as fever, cough, breathing difficulties, etc.

• Cover your cough in your arm, wash hands frequently, throw out used tissues, clean surface areas frequently with disinfectant and stay at least 6 feet, or 2 metres away from others, including other people in your household.

• We will be letting Public Health know that you have had laboratory exposure to a confirmed case.

• If you have a medical appointment, please phone to advise that you are self-isolating in order for them to advise you on how to proceed.

• Please call us back if you develop any symptoms – fever, cough, cold/flu symptoms – or you have any questions.

• For further COVID-19 information, please visit the Province of Manitoba website.

FAX Public Health

If asymptomatic and yes to 5. Have you been in a large group setting in Manitoba in the last 14 days where someone has been confirmed to have COVID-19, such as at a large meeting or event?

• If HCW, refer to occupational health

• Confirm setting and notice – how were they notified? May require confirmation from Public Health.

• Public health will provide advice on self-monitoring or self-isolation to the group.
  ▪ At minimum self-monitor for symptoms for 14 days after the event and monitor for any signs of cold or flu, such as fever, cough, breathing difficulties, etc.
  ▪ There may also be a recommendation based on exposure risk to self-isolate for 14 days following this contact.

• Cover your cough in your arm, wash hands frequently, throw out used tissues, clean surface areas frequently with disinfectant and stay at least 6 feet, or 2 metres away from others, including other people in your household.
If you have a medical appointment, please phone to advise that you are self-isolating in order for them to advise you on how to proceed.

Please call us back if you develop any symptoms – fever, cough, cold/flu symptoms – or you have any questions.

For further COVID-19 information, please visit the Province of Manitoba website.

DO NOT FAX Public Health

If asymptomatic and yes to 6. Have you travelled outside of Manitoba in the last 14 days, excluding personal travel to border communities?

- If HCW, refer to occupational health
  - Confirm travel in last 14 days. The recommendation for self isolation excludes personal travel to border communities, including visits to a cottage, workers who routinely travel inter-provincially for work and those involved in commercial transportation of goods and services.
  - Self isolate for 14 days after returning to Manitoba (if not in the groups above who are excluded).
  - Cover your cough in your arm, wash hands frequently, throw out used tissues, clean surface areas frequently with disinfectant and stay at least 6 feet, or 2 metres away from others, including other people in your household.
  - For medical appointments, please phone to advise that you are self-isolating in order for them to advise you on how to proceed.
  - Please call us back if you develop symptoms – fever, cough, cold/flu symptoms – or you have any questions
  - For further COVID-19 information, please visit the Province of Manitoba website.

DO NOT Fax Public Health

If asymptomatic and yes to 8. Have you had close contact (face-to-face contact within 2 meters/6 feet) with someone who is ill with cough and/or fever that traveled outside of Manitoba within the last 14 days prior to feeling ill?

- If HCW, refer to occupational health
- If no other exposures, does not require assessment/testing
  - Self isolate for 14 days if symptoms develop.
  - Cover your cough in your arm, wash hands frequently, throw out used tissues, clean surface areas frequently with disinfectant and stay at least 6 feet, or 2 metres away from others, including other people in your household.
  - Please call us back if you develop symptoms – fever, cough, cold/flu symptoms – or you have any questions
  - For further COVID-19 information, please visit the Province of Manitoba website.

DO NOT Fax Public Health

If asymptomatic and Yes to 9. Have you had close contact (face-to-face contact within 2 meters/6 feet) with someone who has been tested for COVID-19 and doesn’t know the results of the test yet?

- If HCW, refer to occupational health
o Does not require assessment/testing unless person becomes a confirmed case.
  ▪ Monitor for symptoms.
  ▪ Cover your cough in your arm, wash hands frequently, throw out used tissues, clean surface areas frequently with disinfectant and stay at least 6 feet, or 2 metres away from others, including other people in your household.
  ▪ For medical appointments, please phone to advise that you may have been in contact with a COVID-19 case and are self-isolating in order for them to advise you on how to proceed.
  ▪ For further COVID-19 information, please visit the Province of Manitoba website.

DO NOT Fax Public Health

If asymptomatic with no travel or exposure history:
  ▪ If anyone develops symptoms, including a cough, runny nose, fever or sore throat, they should self-isolate at home until all symptoms are completely resolved. Self-isolation is recommended to lower the chance of spreading the illness to other people.
  ▪ Provide reassurance and education on coronavirus and other respiratory illness. Provide general advice for respiratory symptoms including hand-washing and cough etiquette and triage according to standard process if symptoms require triage (Transfer to Health Links – Info Santé).

A referral to public health is NOT required.