

COVID-19 NOVEL CORONAVIRUS

Guidance for Employees and Residents of Residential Complexes

The following guidelines can help protect the health and safety of building managers, employees and residents:

Public Health Advice

Visit the Manitoba government's COVID-19 website at www.manitoba.ca/covid19 for up-to-date information on the pandemic.

Common Areas

Building managers are encouraged to:

- have hand sanitizer available in frequently-used areas such as at the main lobby, entrances, gym or pool, and laundry room;
- clean and sanitize high-touch surfaces such as elevator buttons, door handles, stairwell railings and laundry room equipment on a regular basis;
- use posters to encourage residents and staff to practice social distancing in public areas such as building entrances, lobby, elevators and other common areas;
- use signage to prevent and discourage the use of common areas, such as lobby seating or meeting rooms;
- space gym equipment to meet social distancing guidelines; and
- ensure the building's ventilation systems are working properly.

Social Distancing and Infection Prevention

- Building managers should post signs to:
 - limit the number of residents in the laundry rooms;
 - limit the number of residents using an elevator at a time, preferably only with their family unit, or taking the stairs when possible;
 - ask employees and residents entering and leaving the building to practice social distancing, keeping at least two metres (six feet) between themselves and others; and
 - encourage residents to limit their time in common areas such as hallways and lobbies.

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- Building managers should encourage at-risk staff to use individual measures such as frequent hand hygiene, limiting contact with others, social distancing, and respiratory etiquette.
- Building staff should be encouraged to stay home when they are sick to reduce their risk and risk to others.
- Ensure employees who have travelled outside of Manitoba have self-isolated as per government directives before returning to work.
- Remind staff that their best protection is to wash their hands after cleaning or working with the public, maintain social distance and refrain from touching their eyes, nose or mouth.

Other Information

- To prevent stigma and discrimination, building managers are advised not to make determinations of risk for COVID-19 based on race or country of origin.
- Ensure managers maintain the confidentiality of employees and residents and the privacy of their personal health information if they are suspected or confirmed to have COVID-19 or another communicable illness.

References:

<https://www.gov.mb.ca/covid19/business/index.html#safehealthy>

https://gov.mb.ca/asset_library/en/coronavirus/ph_residentialcarefoodoperation_2020.pdf